

WATCH THE TRAILER > <https://youtu.be/KrR-cliUIkw>

EMPATHY CONFERENCE PROGRAM

October 4 – 6, 2024 online

Friday October 4, 2024

18.00 – 20.00 Conference opening
(Slovak time)

Saturday October 5, 2024

9.00 – 9.15 Welcome
(Slovak time)

9.15 – 10.15 Keynote—Yehuda Tagar: Empathy is the cutting edge of evolution in the 21st century.

10.30– 11.30 Katherine Train: Opportunities for empathy in human-centred design in organisations.

11.45-12.45 Mick Young: Hidden aspects of bereavement counselling: Acknowledgment of the existence of those who have died.

LUNCH

15.00 – 16.00 TBA

16.15-17.15 Edwin Rutsch: Empathy Circles: The foundational practice of the Empathy Movement.

17.30 – 18.30 Yehuda Tagar: Empathy today—our common ground. The personal transformation required for an act of empathy.

Sunday October 6, 2024

9.00-9.15 Welcome
(Slovak time)

9.15-10.15 Joanna Jaaniste: Empathic response in dementia: A journey alongside Anthroposophia.

10.30-11.30 Leanne Butterworth: The practical application & benefits of healthy empathy within a business context.

11.45-12.45 Anne Bass: Seeing, Hearing, and Knowing the world through imitation: Empathy and the young child.

LUNCH

15.00-16.00 TBA

16.15-17.15 Rainbow Rosenbloom: Radical Empathy: Emptying yourself to provide space for others.

17.30 – 18.30 Conference Closing

Talks are 45mins + 15mins Q & A

**This agenda is subject to change*



CONFERENCE SPEAKERS

+ Yehuda Tagar



KEYNOTE: Empathy is the cutting edge of evolution in the 21st century
+
Empathy today—our common ground. The personal transformation required for the act of empathy

Yehuda is an international practitioner and trainer of counselling & psychotherapy, and founder of Psychophonetics & Methodical Empathy. He is the director of Psychophonetics Institute Intl; and teaches at Skola Empatje in Slovakia.

We are using the term empathy for 73 years but its full cultural reality is in its infancy. The future of humanity is empathy – if humanity has a future at all. Its further development can only be the conscious initiative of individuals, requiring deep personal transformation as a basis for humanising social development.

The further evolution of empathy requires the conscious cultivation of the higher sense organs of Imagination, Inspiration and Intuition for the seeing, hearing and knowing people and nature. This is the threshold on which we stand today in all aspects of human life on earth.

Website: www.yehudatagar.com/

+ Katherine Train PhD



Opportunities for empathy in human-centred design in organisations

Katherine is co-founder, trainer and facilitator at Empathic Intervention. With a background in pharmacy practice, she completed her PhD as a foundation for empathy practice in organisations within and across sectors. She works with empathy as an essential skill in professional development, wellbeing, design and prevention of compassion fatigue and burnout in the corporate, NGO and public sector.

In this talk I'll talk about my experiences with empathy in design in organisations, together with some of the shortcomings in the current landscape and opportunities to deepen the practice and encourage humanized workplaces.

Website: <https://empathicintervention.com/>

✚ Mick Young



Hidden aspects of bereavement counselling: Acknowledgment of the existence of those who have died.

Mick Young is an Australian born spiritual development coach and counsellor specialising in bereavement and grief from an Anthroposophical perspective. He is the creator of the Staying Connected Program which helps people develop their connection with loved ones who have died as part of their healing. He is a long-time student of Rudolf Steiner's work and studied at the Seminary of the Christian Community in Hamburg, Germany. He now lives in Devon, UK with his wife and two children.

In bereavement counselling, the lack of acknowledgement of the soul & spiritual nature of the person who has died, can compound the suffering not only of the bereaved, but of the person who has died. Those who have died long to be acknowledged. They yearn to offer support, love, comfort and connection to the human beings 'left behind'.

This is about being open to the possibility of the continued existence of the soul and spirit of loved ones after death.

In my experience, this openness can greatly aid the healing process, ease the pain of grief and develop a deep connection between the living and those who have crossed the threshold and with the spiritual world more generally. This in turn can lead the bereaved to a greater peace with their own mortality.

Website: <https://shows.acast.com/the-spiritual-science-podcast>

✚ Edwin Rutsch



Empathy Circles: The foundational practice of the empathy movement

Edwin is the founding director of The Empathy Center. The Center is developing an empathy-based retreat center on a former Catholic Seminary property located on 35 acres with 55,000 square feet of buildings overlooking beautiful Santa Barbara, California and the ocean.

The Center's mission is to build a movement to raise the level of mutual empathy in the world through education and community initiatives. Edwin has been working on this mission for the past 15 years.

A few of his projects include; creating the internet's largest empathy related website, interviewing hundreds of world empathy experts, hosting Empathy Summits, and developing Empathy building practices and trainings.

He also started the Empathy Tent which goes out to public spaces and offers listening and conflict resolution. Edwin hopes to inspire you to join this movement and transform the world.

Website: <http://cultureofempathy.com>



✚ Joanna Jaaniste PhD



Empathic response in dementia: A journey alongside Anthroposophia

Joanna has 31-years of experience as a drama therapist. She is an Adjunct Fellow of Western Sydney University where she has worked for many years in various capacities with the students on the Master of Art Therapy course.

She teaches on the Master of Creative Arts Therapy course at the University of Melbourne and has a small private practice. Joanna has co-created a dramatherapy Graduate Diploma curriculum for IKON Australia. She worked for 20 years in the mental health sector and also with addiction and adolescents at risk and now gives supervision to other arts therapists.

Joanna is passionate about the ability of art and dramatherapy to help people in a trauma-informed way to celebrate new ways of being, to grieve past losses and to work creatively with any present issues.

Joanna has published widely in peer-reviewed journals, giving presentations at conferences and training courses around the world, especially in her home country of Australia. In 2023, she published a book suitable for counsellors and creative arts therapists on her work with people with dementia (see p.10 in this edition).

Website: <https://www.dramatherapy.com.au/>

✚ Leanne Butterworth



The practical application and benefits of healthy empathy within a business context.

Leanne Butterworth is an empathy educator, TEDx speaker, author and university lecturer. As founder of social enterprise Empathy First, she is dedicated to developing happier, healthier, more connected workplaces and communities through memorable, accessible Empathy Training.

Leanne holds a degree in Exercise Physiology (UQ) and a postgraduate certificate in Business (Nonprofit and Philanthropy – QUT). Her accolades include a George Alexander Foundation Scholarship, membership in the Australian Social Impact Fellowship, recognition by His Royal Highness, the Duke of York, and winner of the 2023 Women Changing the World People's Choice Social Enterprise Award.

She is also a contributing author in the upcoming anthology: *Women Making a Difference*. (see p.10 in this edition).

Website <https://www.empathyfirst.com.au/>



✚ Anne Bass



**Seeing, Hearing, & Knowing
the world through imitation:
Empathy & the young child**

Born in America, Anne moved to live and work in the UK and found her way to a Camphill community for children with special needs, where she embarked on the Foundation year in Curative Education, and worked in a curative setting with adolescents.

Later, Anne completed her kindergarten training and worked as a teacher in the Edinburgh Steiner School Kindergarten. After having the last of her 3 children turn 3 years, Anne joined the training in Psychophonetics with the wish to support others on a path of self-development.

Anne has a special interest in working with parents, and with adolescents and children, which is enhanced and enriched by her experience as a counsellor, qualifying in 2013 as a Psychophonetics Practitioner. This has been complemented in recent years by training and qualification as a Sensory Integration Screener with the HANDLE Institute. Alongside counselling, Anne currently runs parent and child groups in Stroud, England.

Website: <https://www.anne-bass-counselling.co.uk>

✚ Rainbow Rosenbloom



**Radical Empathy: Emptying
yourself to provide space
for others**

Rainbow Rosenbloom founded Live Education! in the fall of 1997, after 12 years of working with homeschooling families and co-ops, both privately and within the public schools.

He studied Waldorf Education at Emerson College in England and worked as a class teacher and a high school teacher in several Waldorf schools. Rainbow also helped to construct an innovative Waldorf charter school program in Monterey, CA and served as its director for 3 years.

He has a BA in Philosophy from The University of Tulsa and a Masters degree in Education from Harvard, where he studied Multiple Intelligence Theory with Howard Gardner.

Website: <https://www.live-education.com>



✚ CONFERENCE DETAILS & BOOKINGS

For conference details, further information about the speakers & registration details go to the website:

<https://psychophonetics.com/events>



TOPICS OF INTEREST

❖ Interview

Spiritual scientist **Mick Young** interviews **Yehuda Tagar** about our relationship with the spiritual world.



Ctrl+Click on the link: https://www.youtube.com/watch?v=45D2e6_b57w

❖ Katherine Train PhD



Empathic Intersivision integrates empathy into organisations and communities as a developed skill and a versatile tool through training and consultation.

- Empathic Intersivision is a structured method of interaction for people working together.
- 5 Integrative empathy skills guide people to hold space for each other's experiences, thoughts & feelings & nurture consideration of all perspectives.
- Strengthened engagement where there are cultural differences or differences of opinion leads to solutions where everyone is on board.

Train to become an Integrative Empathy practitioner, facilitator or consultant.

Katherine

Mobile: +27 (73) 130 1625

Email: info@empathicintersivision.com

Website: <https://empathicintersivision.com>



❖ Unique children need unique parents

Join **Anne Bass** and **Mira Tagar** for 6 online ZOOM meetings to

- strengthen your communication skills
- foster self-awareness & resilience
- develop empathy with yourself & your children

Wednesdays: October 16 to October 20, 2024
6:30pm – 9:00pm GMT

Topics explored through drawing, journaling, guided self-processes & group sharing, include:

- Discovering inner resources
- Conscious listening-developing reflective empathy
- Conscious listening- developing inspirational empathy
- Exploring reactions & their impact on our relationships
- Developing empathy through movement—*stepping into your child's shoes*
- Gratitude as a source of nourishment, replenishment & restoration.

For more information contact Anne Bass

Email: annebass66@gmail.com

Website: <https://psychophonetics.com/events/>



❖ Strangers in the house

The troubled relationship between Guardian of the Threshold and the Double in the Human Soul.

Online seminar with **Yehuda Tagar**
Friday 6th September 2024
 18.00 -21.00 (CET)

❖ High summer, the Spirit of High summer & the spirit of Truth II

Honesty in personal relationship

Online seminar with **Yehuda Tagar**
 20th September 2024
 18:00 – 21:00 (CET)

For details & bookings:

<https://psychophonetics.com/events>



❖ Lea Rose

PhD Science Uni Melbourne (current, in progress)



Congratulations to Lea, a Psychophonetics practitioner and artist, who is no longer practicing with clients but is now doing her doctorate and exhibiting her artwork in Melbourne & overseas. Lea is going to include Psychophonetics methodology in the performative art part of her research.

Website: www.learose.com.au



❖ Living with spiritual sensitivity



Workshop with **Susan Morrison**
 October date TBA
 Anthroposophical Centre, Perth
 WA
 Email Susan for details:
[>suzanmorrison@bigpond.com <](mailto:suzanmorrison@bigpond.com)



❖ Personal development skills using Psychophonetics creative tools, through drawing.

Judy Greenberg & Anne Holland

have been invited by a representative of Toastmasters to work with a local Chinese community group in Melbourne, to do a workshop in

September, to bring experiences that improve wellbeing & confidence.



❖ An approach to mental illness based on the organs - Anthroposophical psychopathology in relation to the Lung and Liver

1st - 6th November 2024

Lisa Devine MA (Psych.) & **Dr. Kan-anek Kaewthaweesab** MD; MSc.

Rudolf Steiner House, 307 Sussex St; Sydney Aust.
 Cost: \$450 *concessions by application*

This seminar is focused on training counsellors, psychotherapists, and other professionals working in the mental health field who are interested in integrating the anthroposophical approach.

We will examine the origin of mental illness in the organs and how this can inform psychotherapeutic

healing. We will focus on the task of the organs in service of the soul and the spirit in our biography. We will look at the anatomy, physiology, and pathology of the body and soul of the lung and liver.

Our work will be informed by the practical wisdom of anthroposophic medicine and therapeutic artistic work.

This Seminar is the beginning of a new training in anthroposophically based psychological therapy.

Registration & program: lisadevine37@gmail.com



❖ FREE Introduction to Online Study Group



Study Book: *The Philosophy of Freedom* by Rudolf Steiner

7 September, 2024: 11:00am - 12:00pm (EDT)

Leader: Cindy Taylor, Masters in Counseling, retired Waldorf teacher, AAP graduate

Follow up sessions for 11 weeks to Nov. 23, 2024

Further details & booking:
<http://anthroposophicpsychology.org/event-5809611>



✚ INTERESTING RESOURCES

➤ TRAINING COURSES



Bratislava & Kosice, Slovakia

Certificate of Foundation Year in Psychophonetics
Methodical Empathy, Counselling & Self-Leadership

Diploma in Holistic Counselling
Psychophonetics, Methodical Empathy, Counselling & Leadership Skills.

Advanced Diploma in Psychophonetics
Consultant for personal & professional development: Methodical Empathy, Counselling, Personal & Organisational Transformation and Health.

For further details & to enrol in the training, click on this link: <https://psychophonetics.com/courses/foundation-year-in-psychophonetics/>

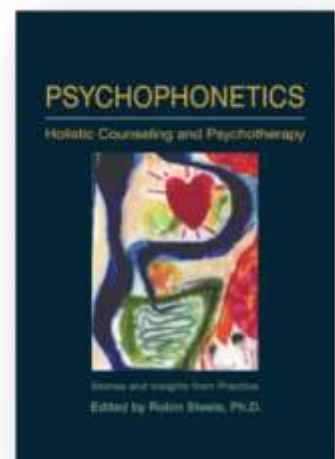


➤ **Robin Steele PhD**
Steiner Books USA (2011)

This book begins with a preface by Yehuda Tagar and the forward by Robin Steele.

Part 1: Introduction - Robin outlines the background, theory and methodology of Psychophonetics.

Part 2: Stories, Research & Insights from Practice - includes 13 chapters with contributions by Robin, Yehuda, and ten other Psychophonetics practitioners, covering topics such as: using artistic expression in illness and pain; past childhood sexual abuse; art of conversation; transforming anger through clay; grief and loss; menopause, and more.



This is the first and so far, the only published book on

Psychophonetics—recommend it to your friends, clients, and colleagues. Promote this book on social media, websites, blogs, on your brochures and flyers. Have copies available to buy at your workshops, talks, and courses.

Buy online: [steinerbooks.presswarehouse.com](https://www.steinerbooks.presswarehouse.com)

[Amazon + Kindle](#)



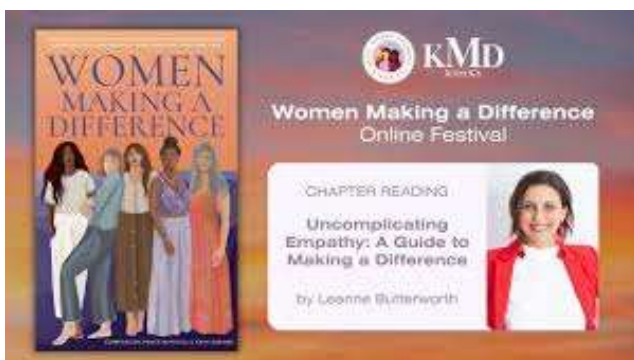
➤ **Yehuda Tagar's YouTube Channel** >
www.youtube.com/channel/UCsT1nONTAPMy_gDCsRRhHng/videos <

➤ **Articles in the online Brainz magazine**>
www.brainzmagazine.com/executive-contributor/yehuda-tagar <

➤ **Publications on Psychophonetics** >
www.psychophonetics.com.au/categories/articles <



➤ **Leanne Butterworth**



Ctrl+Click on the link below to hear Leanne read from her chapter: *Uncomplicating Empathy: A guide to making a difference*

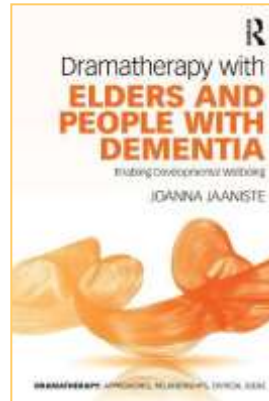
<https://www.youtube.com/watch?v=LWcBzMtjyfU>

What if we could inspire people everywhere to make a difference? This question was the inspiration for creating this book. A vision to create something beautiful yet powerful that would inspire others to lead, take action, in their own lives and the work they do and to find ways to make the world a better place.

Publisher: <https://www.wcpres.com/women-making-a-difference/>



➤ **Joanna Jaaniste PhD**



This book published by Routledge (2022), illuminates how targeted sessions of dramatherapy can improve the quality of life of elderly people with dementia.

The reader is taken through the drama therapy experience of a group of people who display a 'feeling intelligence'; a quality that softens distress at vanishing words and clouded memories.

Rather than being different or 'other', Jaaniste paints word pictures to show human qualities such people have in common with their dementia-free contemporaries.

Readers will glean insights into the arts therapies, especially creative drama, meeting examples of elder wisdom, wit and resilience in dealing with life, but especially grief, loss, and deep questions that come with ageing.

Publisher:

<https://www.routledge.com/Dramatherapy-with-Elders-and-People-with-Dementia-Enabling-Developmental-Wellbeing/Jaaniste/p/book/9781032030302>



❖ **Empathy is not Sympathy**

In this short reel, **Yehuda Tagar** talks about empathy as the future of humanity.

<https://www.youtube.com/shorts/FhxqisQxi9c>



IAPP is the official, independent professional body for the profession of Psychophonetics and for professional Psychophonetics counsellors, psychotherapists, consultants, supervisors and teachers.

IAPP acts as the professional association:

For the regulation of the profession of Psychophonetics

For upholding its professional and ethical standards

For the protection of the served public; and

as advocates for Psychophonetics counsellors, psychotherapists, consultants, supervisors and teachers internationally, in the form of a non-profit association, currently registered in Slovakia.

www.psychophonetics.com.au

International Association of Psychophonetics Practitioners IAPP

Committee Members 2023-2024

President/chairman



Yehuda Tagar
tagar.yehuda@gmail.com

Secretary



Jana Mudra
iapp@psychophonetics.com

Treasurer



Mira Tagar
tagar.mira@gmail.com

Membership Officer



Robin Steele
robin@lifeways.net.au

Committee member



Louise Waterfall
louisewaterfall@icloud.com

Committee member



Anne Bass
annebass66@googlemail.com

IAPP MEMBERS NEWS

Continuing Professional Development (CPD)

online

Wed. 2nd & Thurs. 3rd October

Beginning 17.30 (Slovak time)

+

Peer Supervision

online

Frid. 4th October

at 16.00 (Slovak time)

For IAPP members - see the IAPP newsletter for details & registration.

IAPP AGM 2024

online

Friday 4th October

9.00am– 11am (Slovak time)

For registered members & invited guests
Contact IAPP secretary

Jana: iapp@psychophonetics.com

Further information will be sent to IAPP members before the AGM

This newsletter is sent to colleagues & friendly supporters of this work and is a great way for networking, for referrals, and for your work to be talked about by colleagues in the wider community, as well as for promoting the profession of Psychophonetics generally.

Send your contribution to Robin at any time—Email > robin@lifeways.net.au < Thankyou

Diversity of opinion from our contributors is welcome, which are not necessarily the view of the editor. I do not accept any liability arising from the material in the Psychophonetics Practitioners Newsletter.